

 **days**

WEEKLY 16/09/2011



ST. GILGEN INTERNATIONAL SCHOOL  
AUSTRIA

16/09/2011



## Outdoor Adventure weekend

The School's first Outdoor Adventure weekend will take place next weekend (24-25th September) and will see a number of groups venturing into our local area to conduct wide ranging outdoor pursuits.

We are still firming up students to groups but in order to give you as much information as early as possible, I have detailed below the group timings for the weekend.

On Monday the 19th September, all of the staff leading groups will prepare for their students all of the details required to plan adequately for the weekend. This will include a final kit list and a weekend programme.

These details will be forwarded to day student parents by email by 18hr00 on Monday evening.

If any day student parents have any questions at all, please contact me directly on 0664 208 1925. **For specific group timings please see the next page.**

Regards,  
Kirk Wadsworth. (k.wadsworth@stgis.at)

### 19th September

Grade 9 Geography trip to Zwölferhorn

### 20th September

University Of The Arts London  
presentation, 09h00 in room 1331

### 20th September

Grade 6 chocolate making and tasting at  
Café Dallman, Period 7

### 23rd September

IE Business University Presentation  
14h00 in room 1331

### 24th - 25th September

Outdoor Weekend

## Up the big hill

On the 19th September it's the Grade 9 Geography trip up the Zwölferhorn / St Gilgen. Remember to dress for cold weather – hat, gloves, waterproof, warm jacket and a change of shoes. Also bring a small daypack and water bottle. The forecast is not good, so be prepared! You must also attend all your other lessons on Monday, so don't forget your books!



16/09/2011



## **GROUP TIMINGS**

### **Mr Woodman's Hiking group -**

Will depart from the courtyard at 08h30 on Saturday and return to the courtyard at roughly 15h00 Sunday.

### **Mr Wadsworth's and Mr Bennet's Mountain Biking groups -**

Will meet at the courtyard at 09h00 Saturday and return to the courtyard at roughly 14h00 on Sunday.

### **Mr Gwynne's and Mr Kearley Canoeing groups -**

Will meet at the boathouse at 08h30 Saturday and return to the boathouse at roughly 15h00 on Sunday.

### **Mr Bradley's and Mr House's Hiking groups -**

Will meet at the Kendler at 08h00 on Saturday. Coach returns to the Kendler at 15h30 on Sunday.

### **Mr & Mrs May's Horse Riding group -**

Will meet at the Kendler at 09h45 on Saturday. The coach departs at 10h00, coach returns to the Kendler at 13h30 on Sunday.

### **Mr Earwood's X-Country group -**

Will meet at the Traube at 13h00 on Friday: return time on Saturday not yet known but expected to be around 14h00.





<b>Outdoor Weekend: 24th and 25th September</b>		
<b>Suggested Kit List</b>		
<b>Essential items:</b> students require all of the following items for the Outdoor Weekend. You may want to make use of the coach trip to Europark on Friday 9th September to purchase any items that you do not already own.		
AREA	ITEM	DESCRIPTION
Clothing	Waterproof Jacket	Gore Tex or other breathable fabric
Clothing	Waterproof Trousers	Gore Tex or other breathable fabric
Clothing	Warm Mid Layer	Fleece or Primaloft
Clothing	Base Layer - L- sleeved	Wicking material, not cotton
Clothing	Base Layer - S - sleeved	Wicking material, not cotton
Clothing	Trousers	Lightweight trekking
Clothing	Socks	Wool blends are best
Clothing	Hat	Beany or wooly hat works well
Clothing	Gloves	Warm and possibly waterproof
Footwear	Walking Boots	Lightweight and sturdy
Misc	Sunglasses	With UV protection
Misc	Suncream	Factor 15 and above
Misc	Lip salve	With UV protection
Misc	Water Bottle	Enough to carry 1 - 2 litres of water
Misc	Torch	Head torches are best
Overnight	Ruck sack	60 Litre as a minimum
Overnight	Sleeping Bag	Comfort level of +2 is ideal
Overnight	Sleeping Bag Liner	Cotton is fine
Overnight	Sleeping Mat	Blow up or traditional foam
Overnight	Knife, Fork, Spoon, Mug	Or Spork and Mug
Overnight	Metal pot with lid	To cook on a camping stove (1.5 Litre)
Overnight	Plastic bowl	
<b>Additional items for students who are in the mountain biking groups</b>		
Bike	Bike helmet	
Bike	Gloves	Preferably bike gloves
<b>Optional items:</b> may be useful, but certainly not essential.		
Misc	Water proof bags	
Misc	Walking Poles	
Misc	Camera	
<b>Further details of the Outdoor Weekend, including options to choose from, will be on the school noticeboard in the quad during week beginning 12th September. Questions or suggestions to Mr Gwynne.</b>		



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