



ST. GILGEN INTERNATIONAL SCHOOL
AUSTRIA



ACTIVITIES

“We are what we repeatedly do. Excellence then, is not an act, but a habit.” Aristotle.

Excellence does not stand alone but is built on perseverance, determination, resolve and practice. In building the characters of our students we do not focus on academics alone.

One of the main attractions of a boarding school education, for both students and their parents, is the range of activities on offer, and St. Gilgen is an ideal location for artistic, cultural and athletic opportunities. Making full use of the seasons, students have a wide range of choices for both indoor/outdoor and summer/winter activities:

We carefully note a student's present achievements, interests, and talents as part of the admission process, be it playing the trumpet or fly fishing, riding or playing chess, drawing cartoons, acting or dancing. Students are encouraged to further develop their favourite talents.

We also aim to enable young people to identify and develop new talents, and to become aware of which activities they wish to extend into adulthood. In order to encourage continuous effort and new levels of achievement, the Mentor Tutors support all students in structuring their co-curricular activity commitments to fulfil the

requirements of St. Gilgen International Award Scheme, which includes: developing or furthering a skill, service to others and the community, physical recreation and health, adventure and travel. Three levels of awards are attainable: the Bronze Award (for Grades 6 and 7), the Silver Award (for Grades 8 and 9), and the Gold Award (for Grades 10 and 11).

Together with regular cultural trips to Salzburg, a wide range of music and performing arts activities, each year we offer mountain expeditions (a training weekend each September, followed by an assessment weekend the following June), water sports, and winter sports as an integral part of our activities programme for all students. In addition, for two hours each day, students choose from a variety of optional activities, clubs, and societies to supplement the core programme. Regular competitions are held in which students compete in sports as diverse as tennis, football, skiing, golf, and sailing.

All of our activities are fully Risk Assessed, according to school policy. A number of our Faculty hold valid Mountain Leader or Mountain Instructor certifications. Our Faculty is experienced in taking groups on co-curricular trips. The school also employs the services of numerous professional coaches and trainers.